



Public Health

Public Health Notice to School Community Probable Case of COVID-19 in Sackville Heights Junior High

Friday, March 26, 2021

Dear Parent/Guardian/Staff,

Public Health is investigating a positive case of COVID-19 in the Sackville community. A second individual has been discovered as probable case connected with Sackville Heights Junior High. Based on our findings to date, potential exposure to COVID-19 could have happened on **Monday, March 22nd, Tuesday, March 23rd and the morning of Thursday, March 25th.**

We recognize that receiving this information may be stressful and want to ensure you understand the process going forward.

Through our investigation, Public Health will:

- identify anyone who has come into close contact with the case
- send a letter to all close contacts as soon as possible
- arrange testing for close contacts

If you do not receive the letter and phone call, your child is NOT a close contact.

Out of an abundance of caution, Public Health is recommending that all students and staff be tested for COVID-19, whether or not you have symptoms. You do **not** need to self-isolate, unless you have had or have developed any symptoms of COVID-19 or have been otherwise directed by Public Health.

The Public Health Mobile Unit will be in the community offering pre-booked and drop-in testing Friday, Saturday and Sunday (March 26-28) between 9:30 a.m. and 5:30 p.m. at the Sackville Legion (45 Sackville Cross Rd, Lower Sackville). We encourage you to pre-book your appointment online <https://covid-self-assessment.novascotia.ca/en> or by calling 811.

Testing information:

- Youth under the age of 18 are able to choose the "Rinse & Gargle" test. Preparation for this test is required. Please review the instructions [here](#).
- The test for COVID-19 is free. If you have a health card, please bring it with you.
- Please remember to wear a non-medical mask to your COVID-19 test (just like you would at school).
- COVID-19 symptoms typically develop within 14 days of exposure.

All parents/guardians/staff are asked to monitor for symptoms of COVID-19. The daily checklist is available at <https://novascotia.ca/coronavirus/docs/Daily-COVID-checklist-en.pdf>



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If you, your child or anyone in your household has or develops:

- fever
- cough (new or worsening)
- sore throat
- runny nose
- headache
- shortness of breath

Complete a [COVID-19 Self-Assessment](#) at 811.novascotia.ca or call 811 to speak with a nurse.

You can find more information about COVID-19, self-isolation, proper hand-hygiene, mask use and other ways to keep yourself safe at novascotia.ca/coronavirus.

We are working closely with Halifax Regional Centre for Education and the school to make sure necessary measures are in place to protect students and staff. Your school will provide more details on the steps they are taking to limit the exposure.

If you have any concerns or questions, please call Public Health toll-free at 1-800-430-9557.

Thank you,

Public Health, Nova Scotia Health