

Transition planning is a collaborative process



Transition Planning

Updated September 2021

A Transition Plan is a written document to support students in achieving their dreams and aspirations for adult life. It is important to initiate the planning process as early as possible to enable the student's team to navigate barriers associated with a student's strengths and challenges. The Halifax Regional Centre for Education advocates the integration of the transition planning goals into the outcomes of the student's Individual Program Plan.

Scroll down to access information that may support the team during the transition planning process.

Transition planning is a collaborative process



Transition Facts

A transition is the passage from one stage to another and is a lifelong process.

Transition occurs when a student moves from home to school, from grade to grade, from school to school, from community to school, or from school to community.

(Transition Planning for Students with Special Needs: The Early Years through to Adult Life, p. 5)

Transition Facts

1. What is a transition?

A transition is the passage from one stage to another and is a lifelong process. Transition occurs when a student moves from home to school, from grade to grade, from school to school, or from school to community. Transition planning takes into consideration all major aspect of each student's life experiences and assists in determining appropriate educational resources and programming. The crossover from youth to adulthood carries expectations of independent living, employment and recreational pursuits. Transition planning is essential if students are to be empowered to improve the quality of their independent lives. Transition Planning recognizes the need for additional planning to design educational programs that provide students with special needs the skills, knowledge and attitudes to meet their future life aspirations.

2. What is a Transition Plan?

A transition plan is a written document that reflects goals developed collaboratively in response to the specific strengths and challenges of the student in relation to his or her aspirations for the future. Transition planning assists in ensuring successful entry into school, supports students to remain in school, and at the end of their public schooling, ensures that a plan is in place for taking the "next step" towards an independent adult life in the community. The plan may cover a wide range of programming and services such as supporting students' entry into public school, post-high school options, housing, leisure, independent living, and in-school transitioning. The goals of the transition plan are incorporated into the student's individualized program plan outcomes (IPP).

3. How do schools decide which students require transition planning? Transition Planning is an integral part of the individual program planning for all students with special needs. Transition Planning must be a part of the planning process for all students on Individual Program Plans. School to Community Transition Planning is initiated when a student enters junior high school.

4. Who are the members of the transition planning team?

The team membership may change in response to the student's strengths, challenges and future aspirations and the identified transition. The membership can be home based, school based and community based and must include: parent (s) / guardian (s), student (when appropriate) school principal or designate teachers involved.

Other members will come from a wide spectrum of service and advocacy providers which may include: school-and board based personnel government and non-government agencies residential and recreational services providers health-care professionals advocacy organizations

5. What are the roles of the members of the transition planning team?

The role of each participant, both in the planning process and subsequent follow-up, is dependent upon their expertise and the range of services they represent. Specific responsibilities of participants in the implementation, tracking, and monitoring of transition goals that are embedded in the student's Individual Program Planning outcomes will be assigned by the team chair (principal or designate) and recorded. Specific responsibilities assigned to the members of the group are essential to the successful transition process. These responsibilities can be referred to as the "action planning". This outlines the actions the adults involved in the planning will follow to ensure transition planning progress.

6. *When is the transition planning reviewed?*

The program planning team reviews the transition planning during the school year by evaluating the students' progress towards meeting his or her goals. This level of planning is often included in the student's Individual Program Planning meeting. If the outcomes are not being achieved, it may be necessary to revise the transition planning goals or to consider and address the factors that may be barriers to achievement of the outcomes.

7. *How can teams ensure effective transition planning?*

Transition planning is most effective when participants systematically use collaborative principles for decision making, carefully document to ensure due process, and thoroughly analyze resources and services available. Resources, finances, and programs are often shared among a variety of departments and agencies and require a collaborative team approach in order to co-ordinate services effectively.

Transition planning is a collaborative process



Transition Planning Brochures

Transition planning takes into consideration all major aspects of each student's life experiences and assists in determining appropriate educational resources and programming.

The crossover from youth to adulthood carries expectations of independent living, employment, and recreational pursuits. Transition planning is essential if students are to be empowered to improve the quality of their independent lives.

(Transition Planning for Students with Special Needs: The Early Years through to Adult Life, p. 5)

Scroll down to view the following brochures. A copy may be obtained from your program planning specialist.

HRCE Individual Transition Planning Information Brochure for Parents and Guardians Transition Planning Brochure
Self-Advocacy Student Brochure



Transition Planning is a collaborative effort.

Transition Planning is an integral part of the Individual Program Plan for all students with special needs. Transition planning is a process that involves cooperation, collaboration, and participation of the student, their parents/guardians, educators, and other persons relevant to their present and/or future life aspirations.

"My interest is in the future because I'm going to be spending the rest of my life there." – Charles Kettering

Keeping Track

Record keeping is an important tool for planning transitions. Here are some suggestions for your files.

Legal Information – social insurance number, birth certificate, guardianship orders, and community services contacts

Medical Information – contacts, reports from doctors, Nova Scotia Health card number, and medication

Financial Information – banking, trusts, income assistance, and tax returns

Educational Information – Individual Program Plans and Transition Plans, report cards, accomplishments, assessments, and reports

Career-related Information – letters of recommendation, special training, job shadowing, and volunteer work

Programs and Student Services

For more information please contact the administration and/or your school program planning team.

Individual Transition Planning

Information for Parents/Guardians



Halifax
Regional Centre for Education



Transition Planning is a collaborative effort.

Individual

Transition Plan

Transition implies the passage from one stage to another and is a life long process. Transition occurs when a student moves from home to school, from grade to grade, from school to school, and from school to the community. Transition planning is essential if students are to be empowered to improve the quality of their independent lives. Transition planning takes into consideration all major aspects of a student's life experiences and assists in determining appropriate educational resources and programming.

School-to-community Transition Planning is the cross over from youth to adulthood and carries with it expectations of independent living, employment, and recreational pursuits. This stage of planning should begin when a student enters junior high school.

Transition Planning involves establishing educational outcomes for the student with special needs that are relevant to their future life experiences and determines actions for team members to ensure the student moves towards their anticipated life goals.



"You can't direct the wind but you can adjust the sails."

- Anonymous

Transition Planning Areas

The Halifax Regional Centre for Education has identified nine key areas to consider for planning students' futures. Planning teams are encouraged to consider students' hopes, dreams and future aspirations, and to set goals and action plans to achieve these ends.

Post Secondary/Vocational Training or Employment Goals

- NSCC Special Admissions
- Supported Employment
- Volunteer Work
- Community-based Job Training

Living Arrangement Goals

- Independent Living
- Small Options Home
- Live with Family Members

Medical Services

- Medical Care
- Insurance
- Long-term Care
- General Medical Services

Leisure/Recreational Goals

- Specialized Recreation Programs
- HRM Recreation Programs
- Community Programs
- Movie Nights

Personal Management Goals

- Life Skills
- Social Skills
- Money Management
- Personal Safety

Personal/Family Relationship Goals

- Friendships
- Counseling
- Respite Care
- Visiting

Financial/Income Goals

- Earned Income
- Insurance
- Income Assistance Program

Transportation Goals

- Drivers License
- Public Transportation
- Walking
- Specialized Equipment

Self-Advocacy/Legal Goals

- Assertiveness Training
- Knowledge of Human Rights
- Disclosure of Strengths and Needs
- Requesting Accommodations, Modifications and Adaptations

IPP Meeting Information:

Date of Meeting:

Time of Meeting:

School:

Phone:

Questions You May Ask Yourself

- ❖ Where will my son / daughter live?
- ❖ Will my son/ daughter have a job?
- ❖ What kind of work will my son/ daughter do? Where?
- ❖ How will my son/ daughter get around the community?
- ❖ When will my son/ daughter graduate from school?
- ❖ What activities will my son/ daughter take part in?
- ❖ Who will my son/ daughter spend time with?

You may have additional questions that you wish to address to the whole Program Planning Team, or to individual members of the team. Please write them down so they can be addressed at the meeting.

Transition Planning and Preparing for your Child's IPP Meeting



What is Transition?

Transition is a passage from one stage to another. It can apply to changing grades, changing schools, and finally, finishing school and being a full-time member of the community.

What is Transition Planning?

Transition planning prepares a student to deal with all these changes and can involve many people.

The Program Planning Team works together to develop your child's IPP, and they want to consider all his or her needs as they do so. Reading this brochure and filling out the information will help the Team develop the IPP with these long-term goals and transitions in mind.

Transition Planning



The following areas may be included in a Transition Plan. Check off the areas that apply to your son/daughter, and add any additional information you may have.

- 1. Vocational training/Community Options:**
 - Post-secondary education
 - Community based training and education
 - Volunteer work
 - On-the-job training
 - Supported work
 - Vocational rehabilitation
 - Other information:

- 2. Residential Arrangements**
 - At home
 - Adult foster care
 - Small options housing
 - With other family members
 - Group home
 - Independent living
 - Other information:

- 3. Leisure/Recreation:**
 - Specialized recreation (Special Olympics)
 - Sports or Social Clubs
 - Leisure/recreational program involvements
 - Arts/crafts/music classes
 - Independent activities
 - Hobby clubs
 - Church clubs

- Other information:

- 4. Personal Management:**
 - Household management
 - Life skills
 - Hygiene skills
 - Personal safety
 - Money management
 - Social skills
 - Personal counseling/therapy
 - Parenting skills
 - Other information:

- 5. Personal/Family Relationships:**
 - Personal counseling
 - Support group (in and out of school)
 - Visiting arrangements
 - Health aide/home attendant
 - Respite care
 - Other information:

- 6. Medical Services:**
 - Medical care: intermittent, daily, long-term
 - General medical services
 - Medical accident insurance
 - Permission slip for administration of medicines
 - Other information:

- 7. Financial/Income:**
 - Earned income
 - Insurance
 - Pensions, etc.
 - Trusts/wills
 - Other information:

- 8. Transportation:**
 - Independent
 - Public transportation
 - Specialized transportation (e.g.: Access-a-Bus, van)
 - Specialized equipment (e.g.: wheelchair, walker)
 - Other information:

- 9. Advocacy/Legal:**
 - Will, trusts, other
 - Guardianship
 - Advocacy groups
 - Other information:



Transition Planning

My Goals

What are your goals in the areas listed below?

Accommodations:

Employment:

Recreation:

Transportation:

Friendships:

Money Management:



My Plan

List three actions you will take to achieve your goals.

1. _____

2. _____

3. _____

List the people you want involved in your plan:

Transition Planning For Teens

Transition Planning is getting ready for all the changes that will take place in your life as you move from junior high school through high school and into your community.





Become a Self-Advocate

Being a Self-Advocate can help you be successful in school and in your life after you finish school.

A Self-Advocate:

- Knows their strengths
- Knows their challenges
- Knows their rights
- Knows their responsibilities
- Can explain this to someone
- Can identify their supports
- Can set goals for their future

My Strengths

Strengths describe the things that you enjoy and are good at doing.

Your strengths can help you be successful in school and plan for your future. Your friends, parents and teachers may know your strengths.

Finish the statements below to highlight some of your strengths.

My favorite subject is:

I really like to:

A club I belong to is:

I like to collect:

I wish I was in:

At home my favorite activity is:

In school I am really good at:

My Challenges

Challenges describe areas where you might require help to get the job or task done. Once you know your challenges, you can work with your teachers to reach your goals.



What kind of help and support do you need to get the job done?

At school:

At home:

Other places:

Other things:

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Community Resource Mapping



Community Resource Mapping is a way for Student Planning Teams to focus on what their community has to offer to meet the educational, employment and other requirements of youth.

While community resource mapping focuses on what is already present in the community, it can also focus on the development of partnerships where people work together to enhance post-high school options for students with special needs.

(Transition Planning for Students with Special Needs: The Early Years through to Adult Life, p. 9)

The following are some resources that may be helpful in researching community options. Additional community resources may exist that are not listed here that the team may find valuable as they gather information.

CAREER / EMPLOYMENT / VOCATIONAL TRAINING SERVICES:

Autism Works: LaunchPad <http://www.autismnovascotia.ca/program/17>

Autism Nova Scotia: Life Skills Program <http://www.autismnovascotia.ca/program/13>

TRACE (Transition Readiness and Autism Community Employment) <http://www.autismnovascotia.ca/program/11>

Parents as Career Coaches <http://parentsascareercoaches.ca/>

Easter Seals Nova Scotia: New Leaf Enterprises for persons with physical disabilities <http://www.easterseals.ns.ca/>

Achieve https://www.nsc.ca/learning_programs/programs/plandescr.aspx?prg=ACHV&pln=ACHIEVECOC

Affirmative Ventures: <http://affirmativeventures.ca/>

Independent Living Nova Scotia Programs and Services for Youth <https://ilns.ca/>

Atlantic Provinces Special Education Authority (APSEA) <http://www.apsea.ca/>

Community Resource Mapping

CEED Centre for Entrepreneurship Education & Development Incorporated <http://ceed.ca/>

Solutions Learning Centre <https://sollc.ca/>

Department of Labour and Workforce Development (2005): Explore *careers.novascotia.ca*
<https://explorecareers.novascotia.ca/>

Prescott Group <http://www.prescottgroup.ca/>

Dartmouth Adult Services Centre (DASC) <http://www.dasc-ns.ca/>

Building Futures Employment Society (FUTURES) <http://www.buildfutures.ca/>

Gerald Hardy Memorial Society <https://www.facebook.com/geraldhardymemorial/>

reachAbility Employment Programs <https://www.reachability.org/> Teamwork Cooperative

<http://teamworkbridge.org/>

Nova Scotia League for Equal Opportunities 5251 Duke Street, Halifax, Nova Scotia B3J
1P3 Phone: (902) 455-6942

Community Resource Mapping

Nova Scotia Department of Community Services <https://novascotia.ca/coms/disabilities/index.html>

The Workbridge Association <http://teamworkbridge.org/>

Youth Live <http://www.halifax.ca/youthlive/>

The Conference Board of Canada, Employability Skills 2000+

<http://www.conferenceboard.ca/topics/education/learning-tools/employability-skills.aspx>

Conference Board of Canada Skills Credentialing Self-Assessment and Portfolio Building Tool

<http://www.conferenceboard.ca/topics/education/learning-tools.aspx>

Job Junction <http://www.jobjunction.ca/>

Corridor Community Options for Adults <https://www.corridorability.ca/>

Lake City Employment Services Association (LakeCityWorks) <https://www.lakecityworks.ca/employment>

Service Canada <http://www.youth.gc.ca/>

Work ink: <http://www.workink.com/>

Skills Nova Scotia Accessibility <https://www.skillsns.ca/accessibility/>

VOLUNTEER:

Halifax Volunteer Services

<http://www.halifax.ca/volunteerservices/VolunteerOpportunities.php>

Feed Nova Scotia Metro Food Bank Society Nova Scotia

http://www.feednovascotia.ca/howtohelp_volunteering.html

Parker Street food and Furniture Bank <http://www.parkerstreet.org/>

Recreation Nova Scotia <http://www.halifax.ca/youth/>

Habitat for Humanity HRM <http://halifax.habitatrestores.org/>

Para Sport NS <https://parasportns.com/>

Capital Health Volunteer Opportunities <http://www.nshealth.ca/get-involved>

The Halifax Regional Public Libraries <http://www.halifaxpubliclibraries.ca/>

LEISURE AND RECREATION:

Adult Service Centres N.S. Department of Community Services <http://www.gov.ns.ca/coms/>

The Halifax and Region Military Family Resource Centre <http://www.halifaxmfrfc.ca/index.php?c=news> The Halifax

Regional Public Libraries <http://www.halifaxpubliclibraries.ca/>

Nova Scotia Mi'kmaw Youth, Recreation & Active Circle for Living <http://nsmsrc.tripod.com/>

Mi'kmaw Native Friendship Center <http://www.mymnfc.com/>

Recreation Nova Scotia: Type in manually recreationns.ns.ca Recreation Therapy

<http://www.cdha.nshealth.ca/recreation-therapy>

Special Olympics Nova Scotia (SONS) www.sons.ca YMCA <http://ymca.ca/>

Autism Arts: <http://www.autismnovascotia.ca/program/9>

Autism Nova Scotia-Teen and Adult Social Programs: <http://www.autismnovascotia.ca/programs>

Autism Nova Scotia Peers Program <http://www.autismnovascotia.ca/program/29>

The Club Inclusion <https://www.theclubinclusion.com/contact/>

Access 2 Entertainment Card <http://access2card.ca/>



TRANSPORTATION:

Metro Transit <http://www.halifax.ca/metrotransit>

Access-A-Bus

<https://www.halifax.ca/transportation/halifax-transit/access-a-bus>

Accessible Taxi Service “Need-a-Lift” www.needalift.ca

Disability Travel Card (scroll down)

<https://www.easterseals.ns.ca/disability-travel-card/>

HOUSING / RESPITE:

Nova Scotia Department of Community Services

<http://www.gov.ns.ca/coms/>

NSRAA Nova Scotia Residential Agencies
Association www.rrss.ns.ca

Metro Community Housing <http://www.mcha.ns.ca/>

Our Neighbourhood Living Society

<http://www.onls.org/>

L'Arche Halifax: www.larchehalifax.org

Autism Nova Scotia Respite Database Resources:

<http://www.autismnovascotia.ca/program/23>

EDUCATION:

Black and African Canadian Student Supports <https://www.nsccl.ca/services/black-and-african-canadian-student-supports/index.asp>

Post-Secondary Guide for African Nova Scotian Students <https://www.hrce.ca/about-our-schools/students/post-secondary-guide-african-nova-scotian-students>

Nova Scotia Community College <http://www.nsccl.ca/services/index.asp>

St Mary's University: Atlantic Centre of Research, Access, and Support for Students with Disabilities
<https://www.smu.ca/campus-life/fred-smithers-centre.html>

Dalhousie University Office of Student Accessibility and Accommodation https://www.dal.ca/campus_life/academic-support/accessibility.html

Department of Education and Early Childhood Development Post- Secondary Disability Services <http://rps.ednet.ns.ca>

Nova Scotia College of Early Childhood Education (NSCECE) <https://www.nscece.ca/>

Mount St. Vincent University: Mount Saint Vincent Disability Services <https://www.msvu.ca/campus-life/accessibility-services/>

MountAbility (Inclusive post-secondary education program)
<http://www.msvu.ca/en/home/student-services/officeofstudentexperience/MountAbility.aspx>

CANADA STUDENT LOANS PROGRAM (CSLP). Designated Educational Institutions <https://www.canada.ca/en/employment-social-development/programs/designated-schools.html>

ADVOCACY:

Easter Seals Nova Scotia Wheel Chairs and Mobility Equipment <https://www.easterseals.ns.ca/assistive-devices/>

Brain Injury Association of Nova Scotia (BIANS): <http://braininjuryns.com/>

Support Services Group <https://ns.211.ca/services/head-office-dartmouth/support-services-group-co-operative/>

Canadian Mental Health Association <http://www.cmha.ca/>

Community ACCESS-Ability Program Services NS and Municipal Relations <https://cch.novascotia.ca/investing-our-future/community-funding-and-awards/community-access-ability-program>

Independent Living Nova Scotia <http://www.ilns.ca/>

Nova Scotia Disabled Persons Commission <https://mssociety.ca/support-services/programs-and-services/676/disabled-persons-commission>

Nova Scotia Association for Community Living (HAFL) <https://www.halifaxacl.com/>

Council for Exceptional Children <http://www.cec.sped.org/>

reachAbility <http://reachability.org/>

Planned Lifetime Advocacy Network (PLAN) <http://plan.ca/>

Inclusive Engagement Toolkit

[Inclusive Engagement Toolkit](http://inclusion-international.org/inclusive-civic-engagement-toolkit/) <http://inclusion-international.org/inclusive-civic-engagement-toolkit/>

Service Canada <http://www.servicecanada.gc.ca/eng/lifeevents/disability.shtml> Autism Nova

Scotia: <http://www.autismnovascotia.ca/>

CNIB <http://www.cnib.ca/en/>

The Nova Scotia Down Syndrome Society <http://halifaxnsdss.ca/>

Laing House <http://www.lainghouse.org/>

Legal Information Society of Nova Scotia (LISNS) <http://www.legalinfo.org/>

Community Resource Mapping

MacPhee Centre for Creative Learning <https://macpheecentre.ca/>

The MacPhee Centre for Creative Learning empowers youth between the ages of 12-19 by connecting passion with purpose through the arts. Located in downtown Dartmouth, this community hub inspires creativity and confidence by offering unique programs in visual and performing arts, creative writing, and technology in a safe and inspiring space. Weekday programs at the MacPhee Centre are free-of-charge for youth ages 12-19. In person and virtual programs available.

MacPhee Centre for Creative Learning

Love Program Nova Scotia <https://www.lovenovascotia.ca/>

LOVE programs include media-arts exploration, group discussion, social and emotional learning, leadership development opportunities, and one-on-one, 24/7 support. Participants emerge from LOVE's programs with greater resilience, skills, and support to overcome challenges, and develop into strong, independent leaders.

Love Program

OTHER SERVICES:

Canadian Mental Health Association: <http://www.novascotia.cmha.ca>

CHOICES Adolescent Treatment Program <https://www.iwk.nshealth.ca/mental-health/youth/choices-addictions>

Literacy: The Dartmouth Learning Network <http://www.dartmouthlearning.net/>

The Bedford Sackville Literacy Network (BSLN)

<http://www.chebucto.ns.ca/Education/BSLN/>

The Halifax Community Learning Network <http://www.hcln.ca/>

Community Resource Mapping

The Self-Help Connection (SHC) <http://www.selfhelpconnection.ca>

Phoenix Youth Programs <http://www.phoenixyouth.ca/>

Safety Services Nova Scotia: A selection of safety courses including WHMIS and Forklift Operator Training <http://www.safetyservicesns.com/>

Nova Scotia Safety Council online WHMIS program: <http://nssafety.virtualwhmis.com/index.php>

Nova Scotia Tourism Human Resource Council: WHMIS / Food Safety courses:
<http://onlinetraining.tourismhrc.com/default.php>

211 Nova Scotia (An expansive network of community and social services provided by government and the not for profit sector) <https://ns.211.ca/>

St John Ambulance
First Aid 88 Slayter Street, Dartmouth, NS B3A2A6
902-463-5646

Canadian Red Cross
First Aid 133 Troop Avenue, Dartmouth, NS B3B 2A7 1-877-356-3226

Learning Disabilities:

Learning Disabilities Association of Canada (LDAC) <http://www.ldac-acta.ca/>

LD Online www.ldonline.org

GUIDES AND DIRECTORIES:

Government of Canada Persons with Disabilities Online:
<http://www.pwd-online.gc.ca>



Community Resource Mapping

Other Associations:

NEADS: National Educational Association of Disabled Students. www.neads.ca.

CADSPPE: Canadian Association of Disability Service providers in Post-Secondary Education
www.cacuss.ca. AHEAD: Association for Higher Education, Access and Disability www.ahead.ie

Career Planning and Assessing skills and Aptitudes:

Careers Nova Scotia <http://careers.novascotia.ca/>

Opportunity Place <http://www.opportunityplace.ca/>

Career Planning Job Junction Nova Scotia Works: <http://www.jobjunction.ca/career-planning>

To replace lost cards:

Social Insurance Card - call 1-800-206-7218 toll free

Health Card - call MSI at 496-7008 or 1-800-563-8880 toll free

Birth/Death/ Marriage Certificates - call Vital Statistics 424-4381 or 1-877-848-2578 toll free

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Canadian Resources



Some Canadian resources that may be helpful in transition planning have been gathered from various provinces.

Scroll down to access the following information:

[Provincial Documents](#)

[Post-secondary Financial Assistance](#)

[Conference Board of Canada Brochures](#)

Nova Scotia Department of Education Transition Planning Guide:
Transition Planning for Students with Special Needs: The Early Years through to Adult
Life <http://studentservices.ednet.ns.ca/document/t>

The Program Planning Process: A Guide for Parents pages 23-24
<https://studentservices.ednet.ns.ca/document/t>

Assistive Technology: Supporting Student Success *Assistive Technology Protocol for
Transition Planning pages 38-40* <http://studentservices.ednet.ns.ca/document/a>

Nova Scotia Department of Education Transition Planning Fact Sheet: Transition: A
Lifelong Process <http://studentservices.ednet.ns.ca/document/f>

Life Skills: Supporting Student Success <http://studentservices.ednet.ns.ca/document/l>

Provincial Documents

British Columbia

Scroll down for Transition Planning http://www.bced.gov.bc.ca/specialed/sped_res_docs.htm

New Brunswick <https://nbacl.nb.ca/supports/transition-to-life-after-high-school/>

Ontario <http://www.oafccd.com/documents/transitionguide.pdf>

Prince Edward Island

https://www.princeedwardisland.ca/sites/default/files/publications/eelc_autism_transition_secondary.pdf

British Columbia <https://www2.gov.bc.ca/gov/content/family-social-supports/services-for-people-with-disabilities/transition-planning-for-youth-young-adults>

Post- Secondary Financial Assistance

Labour and Advanced Education Student Assistance <http://www.studentloans.ednet.ns.ca/>

Post Secondary Disability Services <http://psds.ednet.ns.ca/>

Database of student awards: <http://scholarshipscanada.com/>

Auburn High <http://www.auburn.ednet.ns.ca/wp/scholarship-information/> Dartmouth High

<http://www.dhs.ednet.ns.ca/guidance/>

Charles P.Allen <http://www.cpa.ednet.ns.ca/guidance/>

Citadel High <https://sites.google.com/gnspes.ca/citadelguidance/home>

Cole Harbour District High <https://sites.google.com/gnspes.ca/studentresources/home>

Halifax West High <http://hwhsguidance.ednet.ns.ca/>

Post- Secondary Financial Assistance

J.L. Ilsley High <https://www.scholarshipscanada.com/>

Lockview High <https://lhs.hrce.ca/lhs/news/2021/09/13/mental-wellness-art-program-youth>

Millwood High <https://sites.google.com/gnspes.ca/millwood-high-guidance/home>

Musquodoboit Rural High <https://mrh.hrce.ca/mrh/students/scholarships-and-bursaries>

Sackville High <https://sites.google.com/gnspes.ca/shs-guidance/home>

<http://www.conferenceboard.ca/topics/education/default.aspx>

Employability Skills 2000:

<http://www.conferenceboard.ca/topics/education/learning-tools/employability-skills.aspx>

Innovation Skills Profile: <http://www.conferenceboard.ca/topics/education/learning-tools/isp.aspx>



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Other Resources

Some other resources that may be helpful in transition planning have been gathered from sources outside Canada.

[UIC Division of Specialized Care for Children : Preparing for Transition https://dsc.uic.edu/browse-resources/transition-resources/](https://dsc.uic.edu/browse-resources/transition-resources/)

*Career Development Resources. Oklahoma Department of Career and Technology Education and Oklahoma's Career Resource Network.
<https://www.okcareertech.org/educators/career-and-academic-connections/career-development-resources>*

*National Technical Assistance Center on Transition (NTACT) Transition and life skills lessons
<https://ttaonline.org/Resource/JWHaEa5BS7684JnVDaXa3Q/Resource-national-technical-assistance-center-on-transition-ntact>*

Other Resources

Learning Disabilities Online. *Transition: School to Work*
<http://www.ldonline.org/indepth/transition/transition.html>

University of Washington: Adolescent Health Transition Project.
<http://depts.washington.edu/healthtr/>

Heartwood Youth Engagement Spectrum
<https://heartwood.ns.ca/wp-content/uploads/2013/07/YouthEngagementSpectrum.pdf>

Art Gallery of Nova Scotia: Programs for Youth at Risk:
<https://www.artgalleryofnovascotia.ca/events-programs/community-partnerships/phoenix-youth-programs>

TRANSITION RESOURCE ACTIVITY KITS

Unit 1:

Career Exploration Employment Literacy
Computer / Internet / Job Search Skills

Unit 2:

Transit / Street Map Reading / Route Maps/Bus
Training Time Management

Unit 3:

Numeracy
Financial Skills/Budgeting Independent
Purchasing Cash Training

Transition ResourceActivities

Unit 4:

Work Experience Interview Skills Life
Skills
On the Job Skills

Unit 5:

Portfolio skills
Community Resource Mapping

Electronic copies of the transition kits may be accessed through your Program Planning Specialist



Career Handbooks

Canada Career Development Foundation: Tools and Resources:

<https://ccdf.ca/training-resources/>

Department of Labour and Workforce Development (2005): *explorecareers.novascotia.ca*

<https://explorecareers.novascotia.ca/>