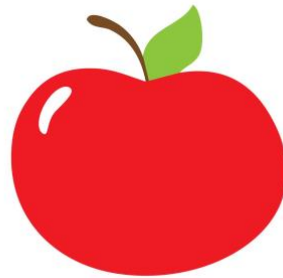


HRM Food Resources Info: COVID-19

Listed by HRCE Family of Schools



Auburn High Family of Schools

Auburn High, Astral Drive Elementary, Bell Park Academic Centre, Caldwell Road Elementary, Colby Village Elementary, Joseph Giles Elementary, Humber Park Elementary, Astral Drive Junior High, Graham Creighton Junior High. **Schools Plus, Assistant Lead: Emma Pringle (epringleboutilier@hrce.ca)**

Food Banks

Cole Harbour Woodside United Church 15 Bissett Road. 902-434-7714

Provides emergency food support to those in need (app. 3 to 5 days of food). Clients can access the food bank once a month based on information contained in the Feed Nova Scotia membership database and Client Registry History. **Hours of Operation:** Open the first and third Tuesday of the month, 1pm-3pm. *COVID-19 UPDATE: Open usual hours. **Documents Required:** Health card for all members of the household, proof of address. No fees. **Coverage Area:** Caldwell Road to Cow Bay Road * Main Street to Humber Park (up to and including Gander) * Bissett Road to Lawrencetown * Forest Hills Parkway to Main Street

East Dartmouth Christian Food Bank Association. 51 Woodlawn Road, Dartmouth, PHONE: (902) 434-5819. Hours: Thursday: 9-11am

YMCA Emergency Fund. Offers support for food and essential items. Contact TL at 902.237.7490. Mon-Fri 10am-4pm. Serving greater Halifax/Dartmouth You will be asked to provide name, address and phone number

Delivery

St. Vincent de Paul Society – food delivery (St. John 23 Church) 35 Colby Drive Dartmouth, NS 902-435-3090 PRESS 500 (leave message) They provide food and sometimes toiletries. (Separate from Feed NS) – they deliver to clients

Meals on Wheels- Dartmouth/Cole Harbour 902-465-5578 ext. 216. Fee based food delivery service. Delivery 2-3 days per week during COVID (M,W,F 11-1pm) Provides freshly prepared home style meals to those who have difficulty preparing adequate meals for themselves. Meals consist of meat, fish, or poultry, vegetable, rice or potato, and dessert.

Dartmouth Emergency Gluten-Free Pantry. Delivers on Tuesdays or is available for pickup from Stairs Memorial on Wednesdays. Contact is Hannah Minzloff at 902-223-9479. Dartmouth residents only.

Feed Nova Scotia: Feed Nova Scotia's COVID-19 Food Box program is a short-term initiative to provide home delivery of food to Nova Scotians without food support because they can't leave their home and they don't have the funds, friends, or family to help get food. Call 211 weekdays between 8am- 8pm. Launches May 25.

Square Roots Food Bundles (Dartmouth). Free produce. Hours of Operation vary. To receive 5 or 10 lb produce food bundles, fill out this online form https://docs.google.com/forms/d/e/1FAIpQLSciKzvKFOIBSSHq8oIXyAJGZMFrqo5gXHX3rvPcFYzUt88NQ/viewform?fbclid=IwAR34otSnbEwD_ZkZM1hC1PrDqmafJ_Y2C2_-dWutp1IAAt-kg6PMWs7cpFM Form can also be found on Facebook (<https://www.facebook.com/SquareRootsSMU/>). For more information email squarerootsfairviewclaytonpark@gmail.com

Charles P. Allen High Family of Schools

Charles P Allen High, Basinview Drive Community, Bedford South, Hammonds Plains Consolidated, Kingswood Elementary, Sunnyside Elementary, (Eaglewood, Fort Sackville), Madeline Symonds Middle, Rocky Lake Junior High Schools Plus, Assistant Lead: Melissa Puddicombe (mpuddicombe@hrce.ca)

Food Banks

Beacon House (Food Bank) 470 Cobequid Road, Lower Sackville, 902.864.3025
Mon, Tues, Wed, Friday 930-1245pm, Thurs 6-745pm

Gateway Community Church, 10 Beaver Bank Road, Lower Sackville, 902. 865.3731
Wed and Thurs 9-12

Parker Street Food Bank, 2415 Maynard Street, Halifax, 902-425-2125 ext. 200
* COVID-19 UPDATE: Food bank is open by appointment on Monday, Wednesday, Thursday and Friday from 8am-11am and 1pm-3:30pm until further notice * Call 902-425-2125 ext. 200 to book an appointment, No fees, Serves HRM

YMCA Emergency Fund. Offers support for food and essential items. Contact TL at 902.237.7490. Mon-Fri 10am-4pm. Serving greater Halifax/Dartmouth You will be asked to provide name, address and phone number

Luminate Co. Food boxes for families for pick up (902) 835-9319, 486 Starboard Dr, Bedford.

Delivery

Meals on Wheels- Sackville – Bedford (also delivers to Hammonds Plains) 902-869-6103. Fee based food delivery service. Meals prepared at Sackville Legion. Delivery 2 days per week during COVID.

VON Frozen Favorites

Fees: Normally \$7 per meal, but during May 2020 each meal will be \$5

Eligibility: Seniors * People recovering from illness * People with disabilities * People who live alone * People with specific dietary needs

Serves HRM * COVID-19 UPDATE: VON Greater Halifax is still delivering Frozen Favorites * Pick-up still available at Bayers Road office Monday-Friday 8:30am-12:30pm * Call 902-453-5800 for more details

Square Roots Food Bundles (Sackville). Free produce. Hours of Operation vary. Bundles are delivered biweekly in June 2020. To receive the food bundles, fill out this online form <https://forms.gle/F6a6vkWCCDUmjj6ZA> This link to the food bundles can also be accessed through Facebook (Sackville Community Food Garden NS). For more information, call 902-488-5590 or email Jason at sackvillefoodgarden@gmail.com.

Meals on Wheels- Sackville – Bedford (also delivers to Hammonds Plains) 902-869-6103
Fee based food delivery service. Meals prepared at Sackville Legion. Delivery 2 days per week during COVID

Feed Nova Scotia: Feed Nova Scotia's COVID-19 Food Box program is a short-term initiative to provide home delivery of food to Nova Scotians without food support because they can't leave their home and they don't have the funds, friends, or family to help get food. Call 211 weekdays between 8am- 8pm. Launches May 25.

Citadel High Family of Schools

Citadel High, Inglis Street Elementary, Joseph Howe Elementary, LeMarchant-St. Thomas Elementary, Oxford Street School (P-9), Saint Mary's Elementary, Sir Charles Tupper Elementary, Springvale Elementary, St. Catherine's Elementary, St. Joseph's-A. McKay Elementary, St. Stephen's Elementary, Westmount Elementary, Gorsebrook Junior High, Halifax Central Junior High, Highland Park Junior High, St. Agnes Junior High Schools Plus, Assistant Lead: TBA, c/o Maura Donovan (mdonovan@hrce.ca)

Food Banks

Mulgrave Park Food Bank. 27 Jarvis Lane, Halifax, 902-789-3531

Provides emergency food support to those in need. Normally provides three to five days of food. Accepts food donations.* COVID-19 UPDATE: Open usual hours. Clients can access the food bank once a month.

West End Community Food Bank - Thursday only 9 -11am 3495 McAlpine Ave 902-221-0468

Salvation Army Family Services: Must call first, Tuesday & Friday 9-12pm, 2038 Gottingen Street, 902-422-1598

Brunswick St Mission Food Bank: Call at 9 am Wednesday to Register, Pick up Thursday between 10am -12pm, 2107 Brunswick Street, 902-423-4605

Parker Street Food Bank: Call to first register, 2415 Maynard Street 902- 425-2125 EXT 200

Dalhousie Student Union Food Bank: Now open to the broader community as well as Dal & SMU Students & Staff. Monday 12-5pm, Thursday 1-5 pm, 6136 University Ave, 902-494-1106

YMCA Emergency Fund. Offers support for food and essential items. Contact TL at 902.237.7490. Mon-Fri 10am-4pm. Serving greater Halifax/Dartmouth You will be asked to provide name, address and phone number

Bayers Westwood Family Resource Centre, 3499 MacAlpine Ave, Contact over Facebook, info@bayerswestwoodfrc.com, or call ahead 902-454-9444 for food care packages

Bagged Lunches/Snacks

NECHC. Providing a fresh veg and snack in conjunction with the North branch library. (see above about delivery)

Souls Harbour, bagged lunch, Monday-Friday 1-3pm, Saturday 12-1pm, , 5568 Cunard St. 902-405-4663.

Hope Cottage, free take-out meals, Monday-Friday 12-1 pm, 2345 Brunswick Street, 902-429-7968

Basha Restaurant, Free meals for those in need, (while supplies last) 5361 Inglis Street, 902-425-4005

Von, "Frozen Meals, delivery- pick up continuity, eligibility requirements, call first 902-453-5800.

Brunswick St Mission, Breakfast Program - take out, Mon-Sat 7:15-8:30 am, 902-423-4605,

Delivery

Veith House, 3115 Veith Street, they are doing case by case deliveries of groceries. Resources are limited. Contact - 902-453-4230 (Erika)

Feed Nova Scotia: Feed Nova Scotia's COVID-19 Food Box program is a short-term initiative to provide home delivery of food to Nova Scotians without food support because they can't leave their home and they don't have the funds, friends, or family to help get food. Call 211 weekdays between 8am- 8pm.

Cole Harbour District High

Atlantic View Elementary, Colonel John Stuart Elementary, George Bissett Elementary, Nelson Whynder Elementary, Ocean View Elementary, Robert K. Turner Elementary, Seaside Elementary, Tallahassee Community, Eastern Passage Education Centre, Ross Road School (P-9), Sir Robert Borden Junior High. Schools Plus, Assistant Lead: Jennifer Fougere (jfougere@hrce.ca)

Food Banks

Dartmouth Community Church Salvation Army (City Heights Church), 946 Main St, Dartmouth, NS, PHONE: (902) 466-6176 **Hours:** Monday : 1- 3PM and 4-6:00 PM

Eastern Passage-Cow Bay Community Food Bank (St. Peter's Anglican Church) 346 Cow Bay Rd, Eastern Passage, NS B3G 1C6, (902) 465-2751. Provides food for people in need. Call and leave a message to book an appointment. Messages will be replied to on Mondays and Tuesdays for a Wednesday appointment. Appointments to pick up food are on Wednesdays, beginning at 10am.

Coverage Area: Eastern Passage * Cow Bay * Shearwater

Cole Harbour Woodside United Church 15 Bissett Road. 902-434-7714

Provides emergency food support to those in need (app. 3-5 days of food). Clients can access the food bank once a month. Based on information contained in the Feed Nova Scotia membership database and Client Registry History. **Hours of Operation:** Open the first and third Tuesday of the month, 1pm-3pm. * COVID-19 UPDATE: Open usual hours. **Documents Required:** Health card for all members of the household * Proof of address. **Fees:** No fees. **Coverage Area:** Caldwell Road to Cow Bay Road * Main Street to Humber Park (up to and including Gander) * Bissett Road to Lawrencetown * Forest Hills Parkway to Main Street

YMCA Emergency Fund. Offers support for food and essential items. Contact TL at 902.237.7490. Mon-Fri 10am-4pm. Serving greater Halifax/Dartmouth You will be asked to provide name, address and phone number

Dartmouth Emergency Gluten-Free Pantry. Delivers on Tuesdays or is available for pickup from Stairs Memorial on Wednesdays. Contact is Hannah Minzloff at 902-223-9479. Dartmouth residents only.

Delivery

St. Vincent de Paul Society – food delivery (St. John 23 Church) 35 Colby Drive Dartmouth, NS 902-435-3090 PRESS 500 (leave message) They provide food and sometimes toiletries. (Separate from Feed NS) – they deliver to clients

Meals on Wheels- Dartmouth/Cole Harbour 902-465-5578 ext. 216. Fee based food delivery service. Delivery 2-3 days per week during COVID (M,W,F 11-1pm) Provides freshly prepared home style meals to those who have difficulty preparing adequate meals for themselves. Meals consist of meat, fish, or poultry, vegetable, rice or potato, and dessert.

Dartmouth Emergency Gluten-Free Pantry. Delivers on Tuesdays or is available for pickup from Stairs Memorial on Wednesdays. Contact is Hannah Minzloff at 902-223-9479. Dartmouth residents only.

Feed Nova Scotia: Feed Nova Scotia's COVID-19 Food Box program is a short-term initiative to provide home delivery of food to Nova Scotians without food support because they can't leave their home and they don't have the funds, friends, or family to help get food. Call 211 weekdays between 8am- 8pm. Launches May 25.

Dartmouth High

Bicentennial School (P-9), Crichton Park Elementary, Dartmouth South Academy (P-8), Harbour View Elementary, Hawthorn Elementary, John MacNeil Elementary, Shannon Park Elementary, South Woodside Elementary, John Martin Junior High. Schools Plus, Assistant Lead: Bernice Arthur (barthur@hrce.ca)

Food Banks

Christ Church Food Bank: 902-466-4270. 61 Church Street, Dartmouth. Provides emergency food support. Thursday: 9am - 11am. Health card for all members of household, proof of address

St. James United Church Food Bank. 181 Portland St, Dartmouth, NS. (902) 464-8852. Tues 9-11am

St. Clement's SVDP 16 Gaston Rd, Dartmouth, NS, (902) 469-1203 **Hours:** **Service at this location is appointment only. Please call ahead to arrange a food support delivery. M-F 9:30-12pm

North Dartmouth Outreach Resource Centre Society. 44 Hester St, Dartmouth, NS. (902) 469-2188 Wednesday : 08:30 AM - 11:00 AM

Helping Hands (Church of the Holy Spirit) 1 Regency Dr, Dart. (902) 463-6544 Thurs 08:30- 10:00

Demetreous Lane Food Bank 12 Canso Ln, Dartmouth, NS (902) 407-5557. Every 2nd Wed, 9-11am

Dartmouth First Baptist Church 100 Ochterloney St, (902) 466-2475. **Hours:** Tues 9-noon

YMCA Emergency Fund. Offers support for food and essential items. Contact TL at 902.237.7490. Mon-Fri 10am-4pm. Serving greater Halifax/Dartmouth You will be asked to provide name, address and phone

The North Grove (Formerly Dartmouth Family Centre and Dartmouth North Community Food Centre). 6 Primrose Street, Dartmouth. 902-483-7376. Take-out meals, produce packs, emergency supplies. Take-out meals to community members twice a week. Distributed in the parking lot Tues & Fri 12-2pm.

Meal Program

Feeding Others of Dartmouth. Margaret House Meal Program. 43 Wentworth St., Dartmouth, NS PHONE: (902) 464-2919. Hours: M-W 12-12:30 and 4:30-5pm, Thurs-Sun: 12-12:30pm. Margaret's House is offering hours for takeaway lunch Mon-Fri 1130-1230.

Delivery

St. Clement's SVDP 16 Gaston Rd, Dartmouth, NS, (902) 469-1203 **Hours:** **Service at this location is by appointment only. Please call ahead to arrange a food support delivery ** **Hours:** M-F 9:30-12pm

Dartmouth Emergency Gluten-Free Pantry. Delivers on Tuesdays or is available for pickup from Stairs Memorial on Wednesdays. Contact is Hannah Minzloff at 902-223-9479. Dartmouth residents only.

Feed Nova Scotia: Feed Nova Scotia's COVID-19 Food Box program is a short-term initiative to provide home delivery of food to Nova Scotians without food support because they can't leave their home and they don't have the funds, friends, or family to help get food. Call 211 weekdays between 8am- 8pm. Launches May 25.

Square Roots Food Bundles (Dartmouth). Free produce. Hours of Operation vary. To receive 5 or 10 lb produce food bundles, fill out this online form https://docs.google.com/forms/d/e/1FAIpQLSciKzvKFOIBSSHq8oIXyAJGZMFrqo5gXHX3rvPcFYzUt88NQ/viewform?fbclid=IwAR34otSnbEwD_ZkZM1hC1PrDqmafH_J_Y2C2_-dWutp11At-kg6PMWs7cpFM Form can also be found on Facebook (<https://www.facebook.com/SquareRootsSMU/>).

Meals on Wheels- Dartmouth/Cole Harbour 902-465-5578 ext. 216. Fee based food delivery service. Delivery 2-3 days per week during COVID (M,W,F 11-1pm)

Duncan MacMillan School

Schools Plus, Assistant Lead: Kylie Hicklenton (khicklenton@hrce.ca)

Food Banks

Rainbow Food Bank (Gerald Hardy Memorial Society) 902-885-3929, 902-885-2554 Address: 22657 Highway 7, Sheet Harbour, NS B0J 3B0 **Site Hours:** * COVID-19 UPDATE: Food bank is open usual hours, but by appointment only. Call 902-885-2300 to arrange a pick-up time***Provides emergency food support to people in need. Normally provides three to five days of food. Accepts food donations.

Coverage Area: Murphy's Cove and East Ship Harbour to Ecum Secum, Sheet Harbour.

Delivery

Nova Scotia Health Authority- Central Zone (902) 885-3629, (902) 885-2554. Eastern Shore Memorial Hospital. 22637 Nova Scotia Trunk 7, Sheet Harbour. Provides nutritious meals to people in need.

Individuals can eat on-site, take a meal home, purchase a frozen meal, or have a meal delivered to their home. Meals can be delivered within 3 kilometres of Eastern Shore Memorial Hospital. **Coverage Area:** Sheet Harbour

Feed Nova Scotia: Feed Nova Scotia's COVID-19 Food Box program is a short-term initiative to provide home delivery of food to Nova Scotians without food support because they can't leave their home and they don't have the funds, friends, or family to help get food. Call 211 weekdays between 8am- 8pm. Launches May 25.

MusGo Rider: 902-483-7433 or 1-855-483-7433 <https://www.musgorider.com/> Still in operation. Offering free pickup/delivery of Foodland groceries and Rainbow Food Bank (arrange with grocery/food bank first). Operating M-F 7 am-6 pm., Sat. 10 am-6 pm. * 24-hour advanced booking is required

Eastern Shore District High

O'Connell Drive Elementary, Oyster Pond Academy, Porter's Lake Elementary, Gaetz Brook Junior High Schools Plus, Assistant Lead: Emma Pringle (mpringleboutilier@hrce.ca)

Food Banks

Marine Communities Food Bank, 5531 Highway 7, Head of Chezzetcook, NS B0J 1N0

Open on Tuesday May 19, 2020, 6pm-7:30pm. The food bank will only be open once each month in June, July, and August: Tuesday June 9, 2020: 6pm-7:30pm, Tuesday July 14, 2020: 6pm-7:30pm, Tuesday August 11, 2020: 6pm-7:30pm. **Service:** Provides emergency food support to those in need. **Coverage Area:** Border of Lake Echo to the border of Musquodoboit Harbour (excludes Lake Echo and Musquodoboit Harbour) * Includes: Lawrencetown * East Lawrencetown * Three Fathom Harbour * Seaforth * Grand Desert * West Chezzetcook * Head of Chezzetcook * East Chezzetcook * Gaetz Brook * Conrad Settlement * Porters Lake * Crowell Road **Application Process:** Please call 2-1-1 prior to your first visit * On your first visit, you will be asked to complete a registration form **Documents Required:** Identification with birth date (can be health card, Nova Scotia ID card, drivers license, etc.) * Proof of address **Fees:** No fees

Eastern Shore Volunteer Food Bank 43 East Petpeswick Rd., Musquodoboit Harbour, NS (Located in the Lion's Club Building * Back entrance), PHONE: (902) 889-9243, Hours: Wednesdays: 09:00 AM - 01:30 PM, **Website:** <https://www.facebook.com/groups/460684674139682> **Accessibility:** * Call and leave a message or send a message through Facebook to have an order ready for pick-up **Hours of Operation:** Open on the first 3 Wednesdays of each month, 9am-1:30pm, **Seasonal hours: May-September the second Wednesday hours are 6pm-8pm Seasonal dates may vary * Please call the food bank to confirm, Application Process:** Drop-in * On your first visit, you will be asked to complete a registration form **Documents Required:** Proof of address **Coverage Area:** Musquodoboit Harbour to Ship Harbour, which includes: East Petpeswick * Musquodoboit Harbour * Smith Settlement * Ostrea Lake * Pleasant Point * West Jeddore * Head of Jeddore * East Jeddore * Salmon River Bridge * Jeddore Oyster Ponds * Upper Lakeville * Lake Charlotte * Ship Harbour

Other

Old School Community Gathering Place COVID-19 - Comfort Packages. Provided by: Old School Community Gathering Place, 902-889-2735, oldschoolmh@outlook.com, <https://www.theoldschool.ca>, 7962 Highway 7, Musquodoboit Harbour, NS B0J 2L0 Service Description: * COVID-19 UPDATE: Distributes comfort packages to community members in need. Includes non-perishable food, cleaning and paper products, grocery cards, and gas cards. Call 902-889-2735 or email oldschoolmh@outlook.com to arrange to pick-up a package. Hours: 9-4:30. Coverage area: Eastern Shore of HRM.

Delivery/Rides:

MusGo Rider. COVID-19 - (MusGo Rider Cooperative), 325 Porters Lake Station Road, Porters Lake, NS. 902-483-7433, 902-483-RIDE, 1-855-483-7433. Provides free deliveries from grocery stores, pharmacies and food banks. **Provides free trips** to the food bank to pick-up orders. Most necessary trips (medical and groceries) during the State of Emergency will be free of charge to protect clients and drivers from exchanging cash. Call dispatch at 902-483-7433 to arrange delivery or to book a ride * 24-hour advanced booking is required

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Halifax West High

Atlantic Memorial - Terence Bay Elementary, Burton Ettinger Elementary, Duc d'Anville Elementary, Fairview Heights Elementary, Grosvenor-Wentworth Park Elementary, Park West School (P-9), Prospect Road Elementary, Rockingham Elementary, Brookside Junior High, Clayton Park Junior High, Fairview Junior High. Schools Plus, Assistant Lead: Bonnie Pero (bpero@hrce.ca)

Food Banks

Halifax West Ecumenical Food Bank 50 Gesner Street, Halifax, NS B3N 2Y4
902-443-1776 Clayton Park and Fairview areas * Boundaries: Bayers Road Church through to Fairview * Fairview side of St Margaret's Bay Road down to the rotary * Clayton Park out to Larry Uteck **Hours of Operation:** * Open once a week for clients on Tuesdays 11:30am-2pm. Phone is answered every second Monday 8am-10am and every Tuesday 8am-2pm

Prospect Road Community Food Share Program. Emergency provision of non-perishables. 902-225-8305 Call or Text St Timothy's Anglican Church 2320 Prospect Road Hatchet Lake, NS Email: prospectrdfoodshare@gmail.com. Service Description COVID-19 UPDATE: Continues to serve on an on-call basis with non-perishables only * Continues to serve people from Goodwood to East Dover. Rev Cheryl Rafuse prospectrdfoodshare@gmail.com,

Fairview/ Clayton Park Square Roots - Veggie care packages available, contact info@patriciaarab.ca. To register, go to their Facebook page or fill out the form on this link click: https://docs.google.com/forms/d/e/1FAIpQLSdyj3mPGjJw_-c-oUx3EITU3WgFWdlvwSzubol0nHeVq66Afw/closedform

MLA Iain Rankin - Prospect/Lakeside Timberlea 902-404-7036, info@iainrankin.ca

West End Community FoodBank, 3495 McAlpine Ave., Halifax, NS. (902) 221-0468
Thursday : 10:30 AM - 01:00 PM

YMCA Emergency Fund. Offers support for food and essential items. Contact TL at 902.237.7490. Mon-Fri 10am-4pm. Serving greater Halifax/Dartmouth You will be asked to provide name, address and phone number

Parker Street Food Bank, 2415 Maynard Street, Halifax, 902-425-2125 ext. 200
* COVID-19 UPDATE: Food bank is open by appointment on Monday, Wednesday, Thursday and Friday from 8am-11am and 1pm-3:30pm until further notice * Call 902-425-2125 ext. 200 to book an appointment, No fees, Serves HRM

Delivery

Feed Nova Scotia: Feed Nova Scotia's COVID-19 Food Box program is a short-term initiative to provide home delivery of food to Nova Scotians without food support because they can't leave their home and they don't have the funds, friends, or family to help get food. Call 211 weekdays between 8am- 8pm. Launches May 25.

Square Roots Food Bundles (Fairview/Clayton Park). Free produce. Hours of Operation vary. To receive 5 or 10 lb produce food bundles, fill out this online form found on Facebook (<https://www.facebook.com/SquareRootsSMU/>). For more information email squarerootsfairviewclaytonpark@gmail.com

Island View High

Ocean View Elementary, Seaside Elementary, Tallahassee Community, Eastern Passage Education Centre. Schools Plus, Assistant Lead: Jennifer Fougere (jfougere@hrce.ca)

Food Banks

Eastern Passage-Cow Bay Community Food Bank (St. Peter's Anglican Church) 346 Cow Bay Rd, Eastern Passage, NS B3G 1C6, (902) 465-2751. Provides food for people in need. **Hours of Operation:** Call and leave a message to book an appointment * Messages will be replied to on Mondays and Tuesdays for a Wednesday appointment * Appointments to pick up food are on Wednesdays, beginning at 10am. **Coverage Area:** Eastern Passage * Cow Bay * Shearwater

Cole Harbour Woodside United Church 15 Bissett Road. 902-434-7714
Provides emergency food support to those in need. Normally provides 3 to 5 days of food. Clients can access the food bank once a month. Based on information contained in the Feed Nova Scotia membership database and Client Registry History. **Hours of Operation:** Open the first and third Tuesday of the month, 1pm-3pm. COVID-19 UPDATE: Open usual hours. **Documents Required:** Health card for all members of the household * Proof of address. **Fees:** No fees. **Coverage Area:** Caldwell Road to Cow Bay Road * Main Street to Humber Park (up to and including Gander) * Bissett Road to Lawrencetown * Forest Hills Parkway to Main Street

Delivery

St. Vincent de Paul Society – food delivery (St. John 23 Church) 35 Colby Drive Dartmouth, NS 902-435-3090 PRESS 500 (leave message) They provide food and sometimes toiletries. (Separate from Feed NS) – they deliver to clients. H

Feed Nova Scotia: Feed Nova Scotia's COVID-19 Food Box program is a short-term initiative to provide home delivery of food to Nova Scotians without food support because they can't leave their home and they don't have the funds, friends, or family to help get food. Call 211 weekdays between 8am- 8pm. Launches May 25.

J.L. Ilsley High

Central Spryfield Elementary, Chebucto Heights Elementary, Elizabeth Sutherland School (P-9), Harrietsfield Elementary, J.W. MacLeod/Fleming Tower Elementary, Rockingstone Heights School (P-9), Sambro Elementary, William King Elementary, Cunard Junior High, Herring Cove Junior High
Schools Plus, Assistant Lead: Alicia Barrett (aliciabarrett@hrce.ca)

Food Banks

Emmanuel Anglican Church Food Bank, 322 Herring Cove Rd, Halifax, NS
(902) 477-1954, HOURS: Thursday : 09:30 AM - 10:30 AM

St. Paul's Family Resources Institute, 173 Old Sambro Rd, Halifax, NS, (902) 477-5090
Hours: Wednesday: Food Bank 10:00 AM - 12:00 PM. and Greystone Foodbank 1:30 pm Contact:
khollery_stpaulsfri@hotmail.com (Kristen Hollery)

Salvation Army - Spryfield Family Resource Centre, 328 Herring Cove Rd. 902 477-5090, Grocery Food Support, call to register 9:30am - noon, (902) 477-5393 x 0 or x 226

YMCA Emergency Fund. Offers support for food and essential items. Contact TL at 902.237.7490. Mon-Fri 10am-4pm. Serving greater Halifax/Dartmouth You will be asked to provide name, address and phone number

Meals/Snacks

Emmanuel Anglican Church Food Bank, 322 Herring Cove Rd, Halifax, NS
(902) 477-1954, HOURS: Thursday : 09:30 AM - 10:30 AM (Breakfast, to go)

St.Paul's Family Resources Institute, 173 Old Sambro Rd, Halifax, NS, (902) 477-5090
Hours: Tuesdays **Soup's On** noon-1:30 take out only

Salvation Army - Spryfield Family Resource Centre, 328 Herring Cove Rd. 902 477-5090, Breakfast to Go, Mon-Fri. 9:30-10:30

Delivery

Chebucto Family Centre 3 Sylvia Av, Halifax (902) 479-3031

Erinn Baillie, Email: erinn@hgahfx.ca. Programs are now virtual and include: Coffee Chat Thursdays @9am, Basic Shelf Demos (cooking), Craft Kits are being delivered every 2 weeks, Still doing basic needs deliveries which include cleaning and baby needs. Funding/gift cards for food needs may be available.

Family SOS Greystone; 4 Cranberry Court 902 446-3020 greystone@familysos.ca Services: Running food support out of Greystone, doing weekly deliveries for families. Also distributing activity packs for youth

Street Connection - Bread of Life Ministries, 902 717-3387, Mobile Soup Kitchen community neighbourhood distribution of bread and frozen soup Monday and Thursdays

Chebucto Connections/Mobile Food Market, #101- 531 Herring Cove Road, Halifax, NS B3R1X3 (902) 477-0964 ext. #10, Office hours closed to the public 9-4pm, Free Food Care Packages available. By appointment only. Next pick-up scheduled on Wednesdays (deliveries for those in need)

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Lockview High

Ash Lee Jefferson Elementary, Beaver Bank - Kinsac Elementary, Beaver Bank - Monarch Drive Elementary, Holland Road Elementary, Oldfield Elementary, Waverley Memorial Elementary, Georges P. Vanier Junior High, Harold T. Barrett Junior High **Schools Plus, Assistant Lead: Kylie Hicklenton** (khicklenton@hrce.ca)

Food Banks

Gateway Food Bank 902-865-3731, 10 Beaverbank Road, Lower Sackville, NS. Wed and Thurs mornings by appointment only. Leave a message with your name and phone number, calls will be returned by Tues for Wed or Thurs morning pick up **Coverage Area:** Bedford * Sackville * Lucasville * Mount Uniacke * Beaver Bank * Kinsac * Enfield

Beacon House Food Bank 902-864-3025, 470 Cobequid Road, Lower Sackville, NS. Mon, Tues, Wed, Fri 9:30am - 12:45pm, Thurs 6pm – 7:45pm. On your first visit, you will be asked to complete a registration form. Health card number for all members of the household and proof of address required.

Freedom Kitchen. 902-478-9665, Acadia Park, 650 Sackville Drive, Lower Sackville, NS, **Website:** <https://www.facebook.com/freedomkitchensackville>, As of March 24, 2020: The Freedom Kitchen will be open on Mondays 4pm-6pm . Drop-in to the food truck parked at Acadia Park or Knox United Church. Call for locations. **Coverage Area:** Lower Sackville

Caring and Sharing Angel Tree Food Bank 902-471-4733. Leave a Message, **Hours:** Tues,Thurs, 1-3pm

YMCA Emergency Fund. Offers support for food and essential items. Contact TL at 902.237.7490. Mon-Fri 10am-4pm. Serving greater Halifax/Dartmouth You will be asked to provide name, address and phone number

Delivery/Rides

COVID- 19 rides to necessities and pick-up and delivery of necessities; delivery of groceries or meals. Anyone in need is eligible. Call to request delivery or book a ride. Hours: Mon- Friday 8-4pm. Provided by: East Hants Community Learning Association and Community Rider: 902-883-4716, Email: director@easthantslearning.com, Website: <http://www.easthantslearning.com>

Delivery

Christmas in Spring Food Hampers. Families can email lionschristmasexpress@gmail.com or call 902-448-3731 to request food hamper. Provides Food Hampers every second Saturday. Will deliver to families or families can pick up food hampers at LWF fire hall, 843 Fall River Rd, Fall River. Areas covered: Fall River, Wellington, Grand Lake, Oldfield, Waverley and Windsor Junction

Meals on Wheels - Sackville-Bedford 902-869-6103, 40 Freer Lane, Lower Sackville, NS
Hours of Operation and info: Delivers meals to homes Tuesday to Friday * Volunteers pick up meals at 11am and begin delivery. **Location Description:** Meals delivered to client's homes.

Square Roots Food Bundles (Sackville) 902-488-5590. **Hours of Operation:** Food bundles are delivered Saturdays and Sundays. To receive the food bundles, the online form does need to be filled in when the form becomes accessible on Tuesdays or Wednesdays. Please complete the form on either of these days to ensure availability of food bundles.<https://forms.gle/F6a6vkWCCDUmjj6ZA>

Beaverbank Community Hub, 902-252-3291, Please call and leave a message. Provides groceries for Beaver Bank residents in need, no cost. **Coverage Area:** Beaver Bank

Feed Nova Scotia: Feed Nova Scotia's COVID-19 Food Box program is a short-term initiative to provide home delivery of food to Nova Scotians without food support because they can't leave their home and they don't have the funds, friends, or family to help get food. Call 211 weekdays between 8am- 8pm.

Millwood High

Harry R. Hamilton Elementary, Millwood Elementary, Sackville Heights Elementary, Sackville Heights Junior High Schools Plus, Assistant Lead: Cathy Kasper (ckasper@hrce.ca)

Food Banks

Gateway Food Bank 902-865-3731, 10 Beaverbank Road, Lower Sackville, NS. Wednesday and Thursday mornings by appointment only. Call and leave a message with your name and phone number. Phone calls will be returned by Tuesday to arrange an appointment for Wednesday or Thursday morning to pick up your groceries. On your first visit, you will be asked to complete a registration form. Health card number for all members of the household and proof of address required. **Coverage Area:** Bedford * Sackville * Lucasville * Mount Uniacke * Beaver Bank * Kinsac * Enfield

Beacon House Food Bank 902-864-3025, 470 Cobequid Road, Lower Sackville, NS

Email: info@beaconhousens.org **Website:** <http://www.beaconhousens.org>

Hours of Operation: Mon, Tues, Wed, Fri 9:30am - 12:45pm, Thursday 6pm – 7:45pm. On your first visit, you will be asked to complete a registration form. Health card number for all members of the household and proof of address required. **Coverage Area:** Lower, Middle, and Upper Sackville * Bedford * Beaver Bank * Fall River * Waverley * Mount Uniacke as far as Upper Nine Mile River * Windsor Junction * Wellington * Fletcher's Lake * Grand Lake * Lakeview * Oldham * Hammonds Plains as far as Pockwock Road

Freedom Kitchen, General Inquiries: 902-478-9665, **Email:** rainieholly@gmail.com

Website: <https://www.facebook.com/freedomkitchensackville>, **Hours of Operation:** COVID-19 Update as of March 24, 2020: The Freedom Kitchen will be open on Mondays 4pm-6pm beginning on Monday March 30 **Accessibility:** Drop-in to the food truck parked at Acadia Park (Acadia Park, 650 Sackville Drive, Lower Sackville, NS or Knox United Church (567 Sackville Dr, Lower Sackville, NS) **Call for locations, .Coverage Area:** Lower Sackville

YMCA Emergency Fund. Offers support for food and essential items. Contact TL at 902.237.7490. Mon-Fri 10am-4pm. Serving greater Halifax/Dartmouth You will be asked to provide name, address and phone number

Delivery

Meals on Wheels - Sackville-Bedford 902-869-6103, 40 Freer Lane, Lower Sackville, NS

Hours of Operation and info: Delivers meals to homes Tuesday to Friday * Volunteers pick up meals at 11am and begin delivery **Location Description:** Meals delivered to client's homes.

Coverage Area: Sackville * Bedford * Fall River * Waverley * Mount Uniacke * Hammonds Plains

Square Roots Food Bundles (Sackville). Free produce. Hours of Operation vary. Bundles are delivered biweekly in June 2020. To receive the food bundles, fill out this online form

<https://forms.gle/F6a6vkWCCDUmjj6ZA> This link to the food bundles can also be accessed through Facebook (Sackville Community Food Garden NS). For more information, call 902-488-5590 or email Jason at sackvillefoodgarden@gmail.com.

Feed Nova Scotia: Feed Nova Scotia's COVID-19 Food Box program is a short-term initiative to provide home delivery of food to Nova Scotians without food support because they can't leave their home and they don't have the funds, friends, or family to help get food. Call 211 weekdays 8am- 8pm. Launches May 25.

Musquodoboit Rural

Dutch Settlement Elementary, Musquodoboit Valley Education Centre, Upper Musquodoboit Elementary Schools Plus, Assistant Lead: Kylie Hicklenton (khicklenton@hrce.ca)

Food Banks

Caring and Sharing Angel Tree Food Bank 902-471-4733 Leave a Message. Tues and Thurs 1pm - 3pm. Proof of address and health card/birth dates required for all family members. **Coverage Area:** Antrim * Belnan * Carroll's Corner (not including Milford to Carroll's Corner) * Dutch Settlement * Elmsdale * Enfield * Goffs * Guysborough Road * Hardwood Lands * Horne Settlement * Lantz (to Ross's Hill) * Nine Mile River (to bridge and Cheese Factory corner) * Oldham * Renfrew * Oakfield * Fall River * Waverley * Old Enfield Road

Indian Brook Food Bank, 902-750-0282. **Location:** 185 Sesame St. Indian Brook, **Site Hours:** Friday: 12pm - 3pm. Identification card required (can include driver's license, provincial identification card, or status card) * Proof of address **Coverage Area:** Sipekne'katik First Nation

Musquodoboit Valley Food Bank Association. 902-384-2692 (Sandi MacLachlan). Food bank is held once a week (Mondays). Can call to make arrangements for another date/time if can't make the Monday food bank. **Coverage Area:** Musquodoboit Valley * Includes all communities from Dean to Cook's Brook as well as Elderbank, Wyse's Corner, Lake Egmont, Antrim, and Meagher's Grant

Eastern Shore Volunteer Food Bank: 902-889-9243 Located in Lion's Club (Back entrance), 43 East Petpeswick Rd, Musquodoboit Harbour. Open first 3 Wednesdays of each month, 9am-1:30pm **Seasonal hours:** May-September the second Wednesday 6pm-8pm. Seasonal dates may vary (Please call the food bank first) **Coverage Area:** Musquodoboit Harbour to Ship Harbour, which includes: East Petpeswick * Musquodoboit Harbour * Smith Settlement * Ostrea Lake * Pleasant Point * West Jeddore * Head of Jeddore * East Jeddore * Salmon River Bridge * Jeddore Oyster Ponds * Upper Lakeville * Lake Charlotte * Ship Hbr

Square Roots; Musquodoboit Valley Produce Bundles- 10 lb. bundle of veggies that will be picked up at 13867 Hwy 224, Chaswood from 10:30am-12:30pm on Saturday May 30th. Fill out application on link or view their Facebook page for more info, search: Musquodoboit Valley Square Roots <https://docs.google.com/forms/d/e/1FAIpQLSdz8La7RjZ-gHUnSuGYfU60CEYHtH6FjFBZ4SdCjG-Tc9AK1g/viewform>

Old School Community Gathering Place, 902-889-2735, Hours: M-F 9-4:30pm. Call or email to arrange a pick-up. Distributes comfort packages to community members in need. Includes non-perishable food, cleaning and paper products, grocery cards, gas cards. Call 902-889-2735 or email oldschoolmh@outlook.com

Delivery/Rides

COVID-19 - Community Support - Provided by: East Hants Community Learning Association and Community Rider: 902-883-4716, **Email:** director@easthantslearning.com, **Website:** <http://www.easthantslearning.com> **Accessibility:** For rides to necessities and pick-up and delivery of necessities. Delivery of groceries or meals, anyone in need is eligible. Call to request delivery or book a ride. **Hours: Mon- Friday 8-4pm. Coverage Area:** East Hants * Some rural communities of the Halifax Regional Municipality including: Antrim * Carroll's Corner * Dutch Settlement * Fall River * Fletchers Lake * Goffs * Grand Lake * Oakfield * Oldham * Waverley * Wellington

Christmas in Spring Food Hampers. Families can email lionschristmasexpress@gmail.com or call 902-448-3731 to request food hamper. Provides Food Hampers every second Saturday Will deliver to families or families can pick up food hampers at LWF fire hall, 843 Fall River Rd, Fall River, Areas covered: Fall River, Wellington, Grand Lake, Oldfield, Waverley and Windsor Junction No cost to families

Delivery

Feed Nova Scotia: Feed Nova Scotia's COVID-19 Food Box program is a short-term initiative to provide home delivery of food to Nova Scotians without food support because they can't leave their home and they don't have the funds, friends, or family to help get food. Call 211 weekdays between 8am- 8pm.

Prince Andrew High

Admiral Westphal Elementary, Alderney Elementary, Bel Ayr Elementary, Brookhouse Elementary, Ian Forsyth Elementary, Michael Wallace Elementary, Mount Edward Elementary, Portland Estates Elementary, Caledonia Junior High, Ellenvale Junior High, Eric Graves Junior High.
Schools Plus, Assistant Lead: Raytia Turney (rturney@hrce.ca)

Food Banks

East Dartmouth Food Bank, 902-434-5819 (Only answered during open hours). 52 Woodlawn Road, Dartmouth. Thurs 9 - 11 AM. Food will be distributed at the door. Normally provides 3 to 5 days of food. Clients can access the food bank once a month. Based on information contained in the Feed Nova Scotia membership database and Client Registry History.

Cole Harbour Woodside United Church 15 Bissett Rd, Cole Harbour, NS B2V 2T1 (Cole Harbour and Bissett Road) (902) 434-7714 <https://chwuc.ca/food-bank/> Hours: 1st and 3rd Tuesday, 1 – 3 PM

Helping Hands Food Bank (Church of the Holy Spirit) 1 Regency Dr Dartmouth, NS B2Y 1Z7 (902) 463-6544 Hours: Thursday: 8:30 - 10 AM

Dartmouth First Baptist Food Bank 100 Ochterloney St, PO Box 186 Dartmouth, NS B2Y 3Y3 (902) 466-2475 Hours: Tuesday: 12:30 - 2:30 PM

Salvation Army Dartmouth Community Church 946 Main St, Dartmouth, NS (902) 466-6847 *Call for an appointment. Hours: Monday: 1 – 3 PM; 5-7 PM

Christ the King Parish (formally called St. Vincent de Paul Church) 320 Flying Cloud Drive Dartmouth, NS 902-435-2500 *They have an Emergency Food Cupboard for people who live in the parish boundaries (not Feed NS).

St James United Church 181 Portland St. Dartmouth, NS 902-464-8852 Hours: Tues 9 -11 AM Corp. of Christ Church 61 Dundas St. Dartmouth, NS B2Y 4H5 (902) 466-4270 Hours: Thursday: 9 - 11 AM

Victoria Road Baptist Church Food Bank 36 Victoria Rd. Dartmouth, NS B2Y 2V9 (902) 469-8576 Hours: Wednesday: 3 - 4 PM

Demetreous Lane Food Bank 27 Demetreous Lane, Dart. (902) 407-5557 Wednesday: 8:30 - 10:30 AM

YMCA Emergency Fund. Offers support for food and essential items. Contact TL at 902.237.7490. Mon-Fri 10am-4pm. Serving greater Halifax/Dartmouth You will be asked to provide name, address and phone number

Delivery

St. Clement's SVDP – Food Delivery **Please call during these hours to arrange a food support delivery ** 16 Gaston Rd Dartmouth, NS B2W 3W1 (902) 469-1203 Hours: Monday-Friday: 9:30 AM - 12 PM

St. Vincent de Paul Society – food delivery (St. John 23 Church) 35 Colby Drive Dartmouth, NS 902-435-3090 PRESS 500 (leave message) They provide food and sometimes toiletries.

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Square Roots Food Bundles (Dartmouth). Free produce. Hours of Operation vary. To receive 5 or 10 lb produce food bundles, fill out this online form https://docs.google.com/forms/d/e/1FAIpQLSciKzvKFOIBSSHHq8olXyAJGZMFrqo5gXHX3rvPcFYzUt88NQ/viewform?fbclid=IwAR34otSnbEwD_ZkZM1hC1PrDqmafH_J_Y2C2_-dWutp11At-kg6PMWs7cpFM Form can also be found on Facebook (<https://www.facebook.com/SquareRootsSMU/>).

Sackville High

Caudle Park Elementary, Cavalier Drive Elementary, Hillside Park Elementary, Smokey Drive Elementary, Sycamore Lane Elementary, A.J. Smeltzer Junior High, Leslie Thomas Junior High Schools Plus, Assistant Lead: Cathy Kasper (ckasper@hrce.ca)

Food Banks

Gateway Food Bank 902-865-3731, 10 Beaverbank Road, Lower Sackville, NS

Hours of Operation: Wednesday and Thursday mornings by appointment only. Call and leave a message with your name and phone number. Phone calls will be returned by Tuesday to arrange an appointment for Wednesday or Thursday morning to pick up your groceries. On your first visit, you will be asked to complete a registration form. Health card number for all members of the household and proof of address required. **Coverage Area:** Bedford * Sackville * Lucasville * Mount Uniacke * Beaver Bank * Kinsac * Enfield

Beacon House Food Bank 902-864-3025, 470 Cobequid Road, Lower Sackville, NS

Email: info@beaconhousesens.org **Website:** <http://www.beaconhousesens.org>

Hours of Operation: Monday, Tues, Wed, Fri 9:30- 12:45pm, Thursday 6pm – 7:45p. On your first visit, you will be asked to complete a registration form. Health card number for all members of the household and proof of address required. **Coverage Area:** Lower, Middle, and Upper Sackville * Bedford * Beaver Bank * Fall River * Waverley * Mount Uniacke as far as Upper Nine Mile River * Windsor Junction * Wellington * Fletcher's Lake * Grand Lake * Lakeview * Oldham * Hammonds Plains as far as Pockwock Road

Freedom Kitchen, General Inquiries: 902-400-2028 (at Acadia Park/ 650 Sackville Drive, Lower Sackville) **Email:** freedomkitchencares@gmail.com, <https://www.facebook.com/freedomkitchensackville>, **Two programs/locations: 1)** The Freedom Kitchen Food Truck. Mondays 4pm-6pm at the Sackville Library parking lot (Acadia Park/650 Sackville Dr) **2)** Knox United Church, 567 Sackville Dr. (Monday 9-3). Food Bundles, baby needs, produce bundles, food hampers, as available. No registration needed.

YMCA Emergency Fund. Offers support for food and essential items. Contact TL at 902.237.7490. Mon-Fri 10am-4pm. Serving greater Halifax/Dartmouth You will be asked to provide name, address and phone number

Delivery

Meals on Wheels - Sackville-Bedford 902-869-6103, 40 Freer Lane, Lower Sackville, NS

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Coverage Area: Sackville * Bedford * Fall River * Waverley * Mount Uniacke * Hammonds Plains

Square Roots Food Bundles (Sackville). Free produce. Hours of Operation vary. Bundles are delivered biweekly in June 2020. To receive the 5 or 10 lb food bundles, fill out this online form <https://forms.gle/F6a6vkWCCDUmjj6ZA> . This link to the food bundles can also be accessed through Facebook (Sackville Community Food Garden NS). For more information, call 902-488-5590 or email Jason at sackvillefoodgarden@gmail.com.

Feed Nova Scotia: Feed Nova Scotia's COVID-19 Food Box program is a short-term initiative to provide home delivery of food to Nova Scotians without food support because they can't leave their home and they don't have the funds, friends, or family to help get food. Call 211 weekdays between 8am- 8pm.

Sir John A. MacDonald High

Beechville-Lakeside-Timberlea Junior Elementary, Beechville-Lakeside-Timberlea Senior Elementary, East St. Margaret's Elementary, Shatford Memorial Elementary, St. Margaret's Bay Elementary, Tantallon Junior Elementary, Tantallon Senior Elementary, Five Bridges Junior High, Ridgecliff Middle School.
Schools Plus, Assistant Lead: [Melissa Puddicombe \(mpuddicombe@hrce.ca\)](mailto:Melissa.Puddicombe@hrce.ca)

Food Banks

St. Margaret's Bay Food Bank, 13495 Peggy's Cove Road, 902-826-9272

Make appt by calling ahead. Pick up at rear of building. Hours: Tues-Sat 11am-4pm

***BayRides** offers affordable and accessible transportation for all residents of St. Margaret's Bay to grocery stores. After booking your ride 48 hours in advance (72 hours recommended), drivers will pick you up at your front door and take you to the grocery store or food bank

Delivery

Square Roots Food Bundles (Sackville). Free produce. Hours of Operation vary. Bundles are delivered biweekly in June 2020. To receive the food bundles, fill out this online form <https://forms.gle/F6a6vkWCCDUmjj6ZA> This link to the food bundles can also be accessed through Facebook (Sackville Community Food Garden NS). For more information, call 902-488-5590 or email Jason at sackvillefoodgarden@gmail.com.

Friendly Neighbour Program (Bay Seniors Grocery and Delivery Service) 902-221-8388- Call to request delivery * Leave voicemail **Service**: Provides free delivery of groceries, medications and other pharmacy items to individuals unable to do so for themselves because of the COVID-19 outbreak. Open to all who do not have access to transportation, who are not leaving their home, and who do not currently have someone who can deliver to them. This service is available to other community members in addition to seniors, who live in the St. Margaret's Bay region. Participants will be invoiced at 3 to 4 week intervals, so no cash changes hands and you do not need to have or use a credit card to access the service. Prescriptions must be pre-ordered and pre-paid. Turnaround time from getting the shopping list to delivery is 24 hours on weekdays.

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